

## Every Woman Should Ask Her Team of Doctors These Question

Doctor's Name \_\_\_\_\_ Date \_\_\_\_\_

Question	Doctor's Answer	Patient's Thoughts
1. What " <i>type</i> " of breast cancer do I have?		
2. What <i>size</i> is the tumor? Why is size important?		
3. What <i>stage</i> is my cancer?		
4. What <i>grade</i> is my cancer?		
5. <i>Estrogen receptors</i> or <i>progesterone receptors</i> , positive or negative? Explain?		
6. Is my cancer <i>her 2 neu positive or negative</i> ? Explain.		
7. What are the surgical options? <i>Lumpectomy?</i> <i>Mastectomy?</i>		
8. What is the life expectancy with both procedures?		
9. In your opinion, what is the better option in my case? Why?		
10. What are the side effects for <ul style="list-style-type: none"> <li>• Lumpectomy?</li> <li>• Mastectomy?</li> </ul>		
11. When surgery is complete: <ul style="list-style-type: none"> <li>• How will my breast look? Can you show me pictures?</li> <li>• Where and how long will the scar be?</li> <li>• How much pain should I expect in the first few days after the process?</li> </ul>		

<ul style="list-style-type: none"> <li>• Will you give me something to control the pain after surgery?</li> <li>• Do I need to arrange to have someone to come help me with daily activities?</li> <li>• How long before I can go back to my regular work and leisure activities?</li> <li>• Will there be any long-term side effects?</li> </ul> <p>Will I have drains? If so, how many days will I have them?</p>		
<p>12. Will you be doing a <i>sentinel node</i> biopsy with the initial surgery or will 2 surgical procedures be necessary?</p>		
<p>13. How many new breast cancer patients do you treat a year?</p>		
<p>14. If I have a mastectomy what are the reconstruction options? Can you refer me to a plastic surgeon?</p>		

Remember Right Choices Take Time! Talk to your Doctor; tell him your concerns, your fears. The more information you tell your Doctors, the better the Doctor can treat you.